



"He raises the poor from the dust and lifts the needy from the ash heap; he seats them with princes and has them inherit a throne of honor. For the foundations of the earth are the LORD'S; on them he has set the world."

The Problem

Today, three in five US adults (61%) report viewing pornography*, and half of those who use porn say that "no one knows". 84% of reported porn users say they don't have anyone in their life helping them avoid pornography*. 62% of professing Christians say that they can "safely" view pornography*. Only 10% of US Christians say that their church offers help in this issue*. Statistics show that 8.3% of the population has an issue with sex addiction (10.3% male and 3% female)**. Nationally that means that over 22.5 million people struggle with this addiction. If you drill down to the DFW metroplex, that's over 1.5 million people (men and women). Further studies show that approximately 33% of church attenders* (predominantly male) have an issue with sex addiction or chronic selfish sexual behavior. Additionally approximately 20% of clergy have an issue with chronic sexual behavior*. If we extrapolate these numbers to those impacted (at least 3 people directly affected, spouse, family or friends), in the DFW area alone 4,500,000 people are impacted by the actions of the addict. Selfish sexual behavior includes pornography, sexting, adultery and sexually related businesses (massage parlors, prostitution and strip clubs, to name a few). While there are resources for this dilemma, very few are faith based and most quite expensive. Groups like Sex Addicts Anonymous (SAA) and Sexaholics Anonymous (SA) are free and spiritually focused, they are not based completely on the Gospel of Jesus Christ. In regard to the betrayed, there is one group "COSA" for those betrayed or impacted by significant other's addiction. COSA is a 12-step program, closely resembling SAA.

The Solution

The only true "solution" to this, or any sin issue, is the finished work on the cross and the convicting, guiding work of the Holy Spirit. Based on several key scriptures (listed below), the church is uniquely poised to play an integral role in the process of recovery of sex addiction (the addict) as well as recovery for those impacted (the betrayed). The power of the Gospel and the spiritual change that comes about only through the work of the Holy Spirit and the finished work on the cross by Jesus, are truly the only hope an addict or those impacted have for living not only a sober life, but one that is happy, joyous and free from the bondage of this addiction. Lasting recovery only comes through working the steps listed below, primarily focused on steps 11 and 12. While the church is uniquely poised in this effort, numerous faith-based organizations are woefully apprehensive about taking on an active role. Due to misconceptions and shame, the addict or spouse feels ashamed and uncared for because of how society views this particular addiction. In 2023, I started a nonprofit organization called 1 Sam 2:8, whose goal is to work with addicts and their families as they navigate the recovery process from a Gospel centered message. As mentioned before, most of the services related to this issue are expensive. In 2021, I went to a residential facility in Colorado that had a cost of \$14K. Several other facilities exist in the US with a cost ranging from \$14K to over \$30K. These services are not covered by insurance. One of the goals of 1 Sam 2:8 is to provide these services at little to no cost to those dealing with this plague.

The Mission

The mission statement for 1 Sam 2:8 is "To provide a Christ centered approach to all who suffer from the effects of sex addiction." The long-range goal for 1 Sam 2:8 is to build a residential facility in the DFW metroplex that would operate on a sliding scale. The reason for even considering a cost at all, is that studies show that individuals that have no financial investment in treatment, do not make a personal investment in changing their behavior. As said, the facility would operate on a sliding scale to allow people of lower socio-economic status to have access to the same level of care that a person of means would have.

The Proposal

The short-term goal (and the purpose of this proposal) is to provide 4 conferences in the 2026 calendar year for addicts and their spouses. The first of these conferences is tentatively scheduled for March 14, 2026. Each conference would be a one-day conference (Saturday 8-4). The first half of the day would be devoted to the addict and the afternoon section dedicated to the spouse. A continental breakfast, a small meal for lunch (Chick-fil-A) and afternoon snacks would be served. The cost would be \$50 per person and \$75 for a couple. Again, the only reason for a cost would be to have a commitment from those who would attend. I would like to ask that a local church host the first of these conferences. I'm setting attendance at no more than 100. I would, of course, pay the church a facility fee and if possible, pay for AV support.

Thank you and God bless you all.

Kyle Orrell

Scripture References

- * **John 8:36** *"So if the Son sets you free, you will be free indeed."*
- * **Galatians 5:1** *"It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery."*
- * **Matthew 11:28** *"Come to me, all you who are weary and burdened, and I will give you rest."*
- * **Romans 13:13** *"Let us behave decently, as in the daytime, not in carousing and drunkenness, not in sexual immorality and debauchery, not in dissension and jealousy."*

Twelve Steps

1. **We admitted we were powerless over addictive sexual behavior - that our lives had become unmanageable.** (*"I know that nothing good lives in me. . . I want to do what is right, but I can't"* (Romans 7:18; see also John 8:31-36; Romans 7:14-25).
2. **Came to believe that a Power greater than ourselves could restore us to sanity.** (*"God is working in you, giving you the desire and the power to do what pleases him"* (Philippians 2:13; see also Romans 4:6-8; Ephesians 1:6-8; Colossians 1:21-22; Hebrews 11:1-10).
3. **Made a decision to turn our will and our lives over to the care of God as we understood God.** (*"Dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable"* (Romans 12:1; see also Matthew 11:28-30; Mark 10:14-16; James 4:7-10).
4. **Made a searching and fearless moral inventory of ourselves.** (*"Let us test and examine our ways. Let us turn back to the LORD"*(Lamentations 3:40; see also Matthew 7:1-5; 2 Corinthians 7:8-10).
5. **Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.** (*"Confess your sins to each other and pray for each other so that you may be healed"* (James 5:16; see also Psalms 32:1-5; 51:1-3; 1 John 1:2-6).
6. **Were entirely ready to have God remove all these defects of character.** (*"Humble yourselves before the Lord, and he will lift you up in honor"*(James 4:10; see also Romans 6:5-11; Philippians 3:12-14).
7. **Humbly asked God to remove our shortcomings.** (*"If we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness"* (1 John 1:9; see also Luke 18:9-14; 1 John 5:13-15).
8. **Made a list of all persons we had harmed and became willing to make amends to them all.** (*"Do to others as you would like them to do to you"* (Luke 6:31; see also Colossians 3:12-15; 1 John 3:10-20).
9. **Made direct amends to such people wherever possible, except when to do so would injure them or others.** (*"If you are presenting a sacrifice at the altar and . . . someone has something against you, leave your sacrifice there at the altar. Go and be reconciled to that person. Then come and offer your sacrifice to God"*(Matthew 5:23-24; see also Luke 19:1-10; 1 Peter 2:21-25).
10. **Continued to take personal inventory and when we were wrong promptly admitted it.** (*"If you think you are standing strong, be careful not to fall"*(1 Corinthians 10:12; see also Romans 5:3-6; 2 Timothy 2:1-7; 1 John 1:8-10).

11. **Sought through prayer and meditation to improve our conscious contact with God as we understood God, praying only for knowledge of God's will for us and the power to carry that out.** *“Devote yourselves to prayer with an alert mind and a thankful heart”*(Colossians 4:2; see also Isaiah 40:28-31; 1 Timothy 4:7-8).
12. **Having had a spiritual awakening as the result of these steps, we tried to carry this message to other sex addicts and to practice these principles in our lives.** *“Dear brothers and sisters, if another believer is overcome by some sin, you who are godly should gently and humbly help that person back onto the right path. And be careful not to fall into the same temptation yourself”* (Galatians 6:1; see also Isaiah 61:1-3; Titus 3:3-7; 1 Peter 4:1-5).

Agenda for 14 March 2026

ACTIVITY	TIME	COMMENTS
Check In	8:00 – 9:00	This would take place in the lobby. A continental breakfast (muffins, fruit, etc.) would be provided.
Prayer and Intro	9:00 – 10:00	An opening prayer followed by a definition of the addiction
Testimony	9:00 – 9:30	A recovering addict describing his past and his recovery.
Break	9:30 – 10:00	Restroom break, any breakfast items still available and view materials provided for sale. Books, etc.
Keynote Speaker	10:00 – 11:30	A certified sex addiction therapist (CSAT). The person who has agreed to do this is a Christian and uses Biblical principals in his practice
Steps 1-3	11:30 – 12:00	A recovering addict walking through steps 1-3 (see steps above). The person I have in mind for this is a Christian
Lunch	12:00 – 1:00	I’m planning on Chick-fil-A box lunches to be served in the flex room.
Testimony	1:00 – 1:30	A recovering partner of a sex addict (COSA). I don’t have anyone for this yet, but I would ensure that they be a Christian
Keynote Speaker 2	1:30 – 2:30	A certified partner trauma therapist (CPTT). The person who has agreed to do this is a Christian and uses Biblical principals in her counseling.
Break	2:30 – 2:45	Light afternoon snacks (cookies etc.)
Faith Message	2:45 – 3:15	This would be a gospel presentation
Q&A	3:15 – 4:00	I would provide attendees with note cards, where they could write down questions to be given to all of the presenters.

I would be responsible for setting up and breaking down everything and if necessary, pay for any additional cleaning that would be done after I am through cleaning up.

A diagram of the addiction



Sources

*"Beyond the Porn Phenomenon" Barna Group 2024

** "Is Porn Addiction a Real Problem" Porn Addiction by the Numbers 2024